

The Portable Baby

Take your baby with you...around the corner, or around the world!

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Wrap Carrier Instructions - Cross Carry Tie



First of all...do you have a mirror that you can stand in front of? Seeing yourself helps enormously, and makes the wrap-tying process even simpler, especially the first few times.

Find the center of your cloth (marked for you). Place it against the small of your back, and bring the ends around to the front.



Take one end of the wrap, drape it across your chest and over your left shoulder.

Take the other end of the wrap, drape it across your chest and over your right shoulder.



Cross the straps across your back, making an X at the small of your back.

Tie at your hip. Not too loose and not too tight. Allow a little bit of slack.



Now you have an X at your belly. This is where the baby will sit.



Using one hand, hold baby high on your chest with diaper higher than the X. Using the other hand, pull the X away from your body. First slip one baby leg into the X. Then the other leg.



Holding baby securely, allow his/her weight to settle down into the X. Now, leaning back just a little to rest baby's body on your chest, use both hands to spread the fabric around your baby.

First, spread the inner fabric. One edge of the strip should be right above the baby's knee and spread over across to the edge of the opposite buttock.

Got it? Good! Now spread the outer fabric the same way. The fabric should be up around your baby's back as shown and spreading out to cover the entire butt and thighs. Wraps provide plenty of support!



Arms can be in or out, however your baby prefers. If baby falls asleep, you can use the fabric to support the upper body, shoulders, and even the back of the head, as shown. Most babies LOVE to be snuggled up close like this. This fabric is lightweight and breathable, so you can cover baby's face to protect from sun, wind, etc. if you wish.

Check yourself: Is the baby's butt lower than your navel? If so, tie your wrap a little tighter next time. The baby should be snug against your chest as shown, not hanging or drooping down in loose fabric. If the baby is sitting lower than your navel, your back will start to hurt. This goes for any carrier, not just the wrap.

If the wrap is too tight, you will know right away, since you will have a very difficult time pulling the X out far enough to get the baby in.